



*A Holiday Wish*

*By,*

*Debbie Karuppan*

*I wish you the comfort of family and friends,  
To love and support you through life's turns and bends;*

*I wish you the sinew to follow your cause,*

*To never give up and never to pause;*

*I wish you a blessing of the light from a star,*

*To remind you of just how fortunate you are.*

*May you all enjoy a very Happy Thanksgiving and a Blessed Holiday Season!*

**News from the Nurse's Office:**

We were so pleased to announce on November 7, 2018 the winners of Annin's 16<sup>th</sup> Annual Hand Washing Poster Contest!

Winners are:

1<sup>st</sup> Prize: Sanjana Gupta, Grade 8 - \$25 Barnes & Noble Gift Card

2<sup>nd</sup> Prize: Natalie Ramirez, Grade 7 - \$15 Barnes & Noble Gift Card

3<sup>rd</sup> Prize: Sarah Trachtenbroit, Grade 6- \$10 Barnes & Noble Gift Card

Congratulations for the beautiful posters to remind all of our Annin Family of the importance of proper hand washing as a first line of defense against bacteria and viruses!

Our heartfelt thanks to Annin's PTO for sponsoring this activity. Thank you!

**HPV information:** <https://www.cdc.gov/hpv/parents/vaccine.html>

Parents: please consider these vaccines when speaking with your child's pediatrician.

**Influenza information:** <https://report.nih.gov/NIHfactsheets/ViewFactSheet.aspx?csid=133>

If you have not done so already, please do consider getting the flu shot.

Until Next Time,

Keep Healthy and Happy,

Debbie Karuppan RN,C